

Bringing Back the Newsletter

Many years ago, early in the history of CHARG Resource Center, members decided that we needed a newsletter to share what was going on in our fledgling organization. There was much enthusiasm and energy invested in the newsletter. Columns included poetry, interviews of staff and CHARG board members, comics, creative math, and sport reports.

Additionally, columns featured schedules of group offerings and announcements of special events. With the resumption of in-person services and programs after the COVID shutdowns, changes in leadership and rebranding activities, members decided it would be a good time to resume publication. We hope you enjoy reading this edition!

Newsletter Name Contest!

Help us choose a new name for our newsletter. The winner will receive a \$25.00 gift card! Submissions should be typed or written clearly. Include your name and leave it at the front desk of either the drop-in or clinic buildings, or connect with Margie at 303.830.8805.



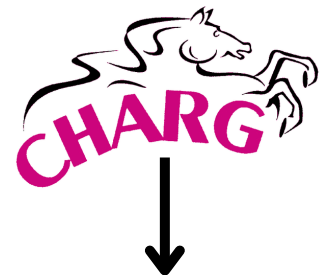
CHARG has a New Name!

We have exciting news to share! Our boards of directors recently voted to change our name from CHARG Resource Center to Heartland Mental Health. The name was chosen because of our history. You may or may not know that our official name is HEART of Boardwalk, where the HEART stands for: Healing, Empowerment, and Advocacy for a Richer Tomorrow.

More Information

- We are not changing who we are, what we do, or who we serve.
- CHARG stands for 'Capitol Hill Action & Recreation Group.' While this is an important part of our history, we are licensed by the state of CO to provide outpatient, mental health services and want to make sure people are aware of all the services we offer.

- Heartland Mental Health was suggested by a member of ours, and the new logo concept was also designed by a CHARG member.
- Bottom line: we want to help more people. Right now, we are not at full capacity. We believe that this change will help build awareness, and people find us online easier.
- For more details, visit heartlandmentalhealth.org or call Danelle at 303.830.8805.



**Heartland
Mental Health**
A Thriving Peer-Support Community



Heartland Clinic
 709 E. 12th Ave, Denver, CO
 Hours: Mon-Fri, 9am - 5pm

ACCEPTING NEW CLIENTS!
 If interested or know someone who may be, call Laura at 303.830.8805.

June 2022 Outings!



Hikers braving the heat at Waterton Canyon!



Group outing at the Denver Museum of Nature and Science, where there was a demonstration with educational materials about the poaching of endangered animals.

Summer 2022 Events Calendar

Monday	9:00 - 10:00 AM	→ Gardening Group with Margie (meets at the clinic)
	2:00 - 3:00 PM	→ Writer's Group with Lila (meets at the clinic)
Tuesday	12:00 PM	→ \$.50 Lunch (at the drop-in)
	12:30 - 1:00 PM	→ Short Walk (meets and leaves from the drop-in)
	1:00 - 2:00 PM	→ Adventures Group
	2:00 - 3:00 PM	→ Heartland Member Board Meeting (at the drop-in)
	3:00 PM	→ Karaoke with Ty (at the drop-in)
Wednesday	2:00 - 3:00 PM	→ Music Group: Learn to Play the Recorder with Margie (at the drop-in)
Thursday	12:00 PM	→ \$.50 lunch (at the drop-in)
	1:00 - 2:00 PM	→ Bingo with Tom (at the drop-in)
	2:30 - 3:30 PM	→ *Grief & Loss Group* (meets at the clinic)
Friday	9:00 - 10:00 AM	→ Gardening Group with Margie (meets at the clinic)
Saturday	10AM - 2:00 PM	→ Socialization (at the drop-in)
		★ Group trip to the Flea Market with Leonard (the first Saturday after the third, monthly – meets and leaves from the drop-in)

Grief & Loss Group - Begins on August 4th (first meeting) and ends on August 25th (last meeting).

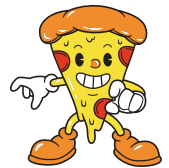
Pizza Party & Open House Invitation!

Tuesday, July 19, 12 – 3pm

David Quarton Drop-In Center (920 Emerson St, Denver)

All community members are invited to join us!

- Free pizza lunch & goodies
- Meet others from your local neighborhood
- Learn about our programs & services
- Check out our Drop-In Center food & clothing banks



All are welcome to participate or listen-in during our Adventures Group from 1-2pm, and our Member Board meeting from 2-3pm, to gain a better idea of how our organization works!

Heartland Member Board
Spotlights - July



Tom Edilla
By Carl Peacock

Tom Edilla is a Colorado native. He likes collecting sports stuff. He is on the Heartland Member Board. He likes being on the board because he gets to make crucial decisions about Heartland operations. His favorite band is Milli Vanilli. He also works as an employee at Heartland Drop-In Center. He says that it is a good working environment.



Heartland Member Board (aka CHARG Board)

Heartland Mental Health is a partnership of two nonprofit organizations—the Capitol Hill Action and Recreation Group (CHARG) and HEART of Boardwalk—working to transform lives by providing supportive member-centered, culturally responsive mental health, wellness, and recovery services. Each partner has its own board of directors that serve as equal partners in approving policy decisions, and share legal/fiscal responsibility for the organization. In 1989, when CHARG Resource Center was formed, we were recognized as innovative and as a leader in this unique model. We are committed to creating an organization culture where people from all backgrounds know their voice matters and that differences are welcomed.

We're Looking for New Board Members!

If you're interested in this model, and would like to become a board member, attend our pizza party and open house--Tuesday, July 19, from 12-3pm at the drop-in center. Meet the current Board members to learn more!

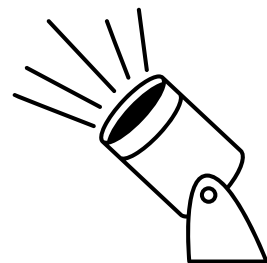
In partnership with the HEART Board, the Member Board is responsible for:

- Helping develop organizational goals and policies,
- Hiring, evaluating, and holding accountable the Executive Director,
- Building awareness of our programs and services through community outreach and activities,
- Regular attendance and participation at board meetings.

If you cannot attend on July 19 but would like to learn more, contact the current Co-Presidents, Cathy Williams & Aron Williams, or Margie Carlin at 303.830.8805.

Current Member Board of Directors

- Aron Williams
- Barbara Quarton
- Carl Peacock
- Cary Carner
- Cathy Williams
- Clare Kogan
- Jim Jochum
- Karen Aakeberg
- Madi Dorris
- Mike McEachern
- Tom Edilla
- Zim Olson



Aron Williams
By Carl Peacock

Aron Williams was born in Mineral, Texas. He is into astrology, writing, coloring pictures. Victor Smith was his mentor to him. He led him to be on the member board. He is now co-president. He has used his vast leadership skills to steer Heartland into the future. He says that he will do all that he can to make Heartland go forward. He has a cat named Ginger—he got her two years ago, and she is the love of his life.

Tom's Foolery

Q: What do you call a flower that lives more than one life?



A: Re-in-carnation.

Celebrity Scoop Gossip Column

- Mike McEachern

News from across the pond.

Queen Elizabeth II was celebrated in the UK marking the 70th year anniversary of her accession to the throne.

Festivities were held from June 2-5, and highlights included the Queen's birthday parade with Trooping the Color and fly pass, "Little Louis" (the queen's young great-grandson), delighting photographers with his lively behavior, a star-studded concert "Party at the Palace," and the Queen thrilling fans by waving from the Buckingham Palace balcony on the Jubilee's final day.

Poetry Corner

Ice Castles and Zambonee Hassles

In the land where womans hardball is forbidden
Boys youth foregoing
Girls hockey is becoming gentrified gentry
May a noble gerent be knowing
And be internationally recognized in the coming century



Compiled by
Rodney McClimans

Creativity Corner

A call for submissions!



Share your writing, drawing, painting, mixed media, or other artwork for future editions.

To submit a piece, contact Margie at 303.830.8805.



David Quarton Drop-In Center @ Heartland

Hours of Operation:

Mon / Wed / Fri: 10 AM - 5 PM

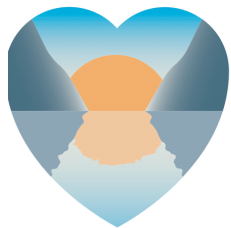
Tues & Thurs: 12 - 5 PM

Sat: 10 AM - 2 PM

Address: 920 Emerson Street

Denver, CO 80218

Phone: 303.830.2130



Heartland Mental Health

A Thriving Peer Support Community

709 E 12th Avenue, Denver CO 80203



*CHARG Resource Center
has a new name! We're now
Heartland Mental Health.*